



Food Explorers Club Grades K-2

8 Thursday Meetings: March 6, 13, 20, 27, April 3, 10, 24, May 1; No Class: April 17

Time: 3:10pm-4:25pm

Location: Chapel Kitchen Classroom

Fee- \$380 (Includes fresh food and materials)

Food Explorers Club Grades 3-5

8 Wednesday Meetings: March 5, 12, 19, 26, April 2, 9, 23, 30; No Class: April 16

Time: 3:10pm-4:25pm

Location: Chapel Kitchen Classroom

Fee- \$380 (Includes fresh food and materials)

Description:

At Food Explorers Club, we believe that cooking and baking go beyond essential life skills—they open the door to creativity, exploration, and confidence in the kitchen. Our program provides a welcoming and hands-on experience where young chefs can experiment with new ingredients, create delicious recipes, and develop a lifelong appreciation for healthy eating.

Our Spring Session will feature seasonal fresh produce and exciting spring-themed culinary adventures, where young chefs will explore vibrant flavors through hands-on cooking and baking activities. Here's a sample of what's in store!

Garden Fresh Creations – Spotlight Produce: Carrots, Cucumbers, Peas, Spinach

Bunny's Favorite Bites – Spotlight Produce: Carrots, Radishes

Sweet Strawberry Treats – Spotlight Produce: Strawberries

Zesty Lemon Delights – Spotlight Produce: Lemons

Program Highlights:

Hands-On Learning: Your child will master food preparation techniques and cook delicious dishes.

Nutritional Know-How: We emphasize healthy eating habits, teaching children to make nutritious choices.

Cultural Cuisine Journeys: Exploring global cuisines helps your child appreciate cultural diversity and expand their taste buds.

Confidence in the Kitchen: Our supportive environment builds confidence and independence, encouraging creativity.

Teamwork and Triumphs: Each class fosters teamwork and friendships, culminating in the joy of enjoying a healthy snack prepared by the young chefs.

Our recipes are always Nut-Free, and we try to accommodate most Food Allergies. You'll never repeat a recipe!